

## My New Life

48 count, 4 wall, beginner level

Choreographer: John Offermans (March 2007)

Choreographed to: High Class Lady by The  
Lennerockers (160 bpm)

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### **Step, Lock, Step, Brush, Step, Lock, Step, Brush**

- 1-2 Step forward on right, lock left behind right
- 3-4 Step forward on right, brush left forward
- 5-6 Step forward on left, lock right behind left
- 7-8 Step forward on left, brush right forward

### **Rock Step, Toe Struts Back**

- 1-2 Rock forward on right, recover on left
- 3-4 Step back on right toe, lower right heel
- 5-6 Step back on left toe, lower left heel
- 7-8 Step back on right toe, lower right heel

### **Slow Coaster Step Back, Hold, Step, Pivot ½, Left, Hold**

- 1-2 Step back on left. Close right next to left
- 3-4 Step forward on left, hold
- 5-6 Step forward on right, make ½ turn left (weight on left)
- 7-8 Step forward on right, hold

### **Step, Pivot ½ Turn Right, Hold, Prissy Walk, With Holds**

- 1-2 Step forward on left, make ½ turn right (weight on right)
- 3-4 Step forward on left, hold
- 5-6 Cross right over left, hold
- 7-8 Cross left over right, hold

### **Cross, Step, Cross, Hold, Diagonal Toe Strut**

- 1-2 Cross right over left, step left to the left (small step)
- 3-4 Cross right over left, hold
- 5-6 Step on left toe to left diagonal, lower left heel
- 7-8 Cross right toe over left, lower right heel

### **Diagonal Toe Struts, Side, ¼ Turn Right, Step, Brush**

- 1-2 Step on left toe to left diagonal, lower left heel
  - 3-4 Cross right toe over left, lower right heel
  - 5-6 Rock step left to left side, make ¼ turn right and step forward on right
  - 7-8 Step forward on left, brush right forward
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